



**MENTAL HEALTH 2024**

MARCH 27-28, 2024 | BARCELONA, SPAIN

**WORLD CONGRESS ON**

# **ADVANCES IN MENTAL HEALTH AND PSYCHIATRY**

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**27-28 MARCH 2024  
BARCELONA, SPAIN**

[HTTPS://MENTALHEALTH.SCHOLARSCONFERENCES.COM/](https://mentalhealth.scholarsconferences.com/)

## About Conference

**World Congress on Advances in Mental Health and Psychiatry (Mental Health 2024)** welcomes presenters, attendees and exhibitors from all over the world to **Barcelona, Spain on March 27-28, 2024**. Mental Health 2024 desires at integrating all the renowned Speakers, Researchers and Doctors, Medical professionals, Fellowship holders, Young researchers, Students, Residents, Healthcare industries in the field of Psychiatry and Mental health. The objective of this conference is to gather like-minded coteries to facilitate the flow of ideas, thoughts, suggestions and motivations.

This **Mental Health 2024** runs on the theme "Frontiers in Mental Health and Psychiatry Research", which concedes that Mental Health 2024 will act as a platform for exploring the novelties in the field of Psychiatry and Mental health . In this gathering, the breakthroughs related to psychiatry are about to be deliberated and cognizance of the treatments is to be shared.

## Scientific Sessions

- Mental Health
- Behavioral Health
- Mental illness
- Anxiety Disorders
- Depression
- Suicide
- Psychological Syndromes
- Geriatric and Pediatric Psychiatry
- Sleep Disorder
- Positive Mental Health
- Mental Disorder
- Serious Emotional Disorder (SED)
- Hyperactivity Disorder
- Bipolar Disorder
- Stress
- Psychiatry
- Neuropsychiatry



## Highlights

"Frontiers in Mental Health and Psychiatry Research"



### CONCEPT

The purpose of the Mental Health 2024 Conference is to present and discuss the most recent innovations, trends, and concerns, practical challenges encountered and the solutions adopted in the field of Exploring the Novel Advances in Mental Health and Psychiatry.



### AGENDA

The conference is a unique opportunity to present your latest research, hear to valuable intelligence and information. This is place where world leaders come to talk and listen.



### NETWORKING

Unique networking opportunity across worldwide where the world's leading renewable CEOs, business heads, decision, and policy makers, choose to present their latest innovations.

### Who Can Attend

- Academic Professionals
- Academic Researchers
- Business Entrepreneurs
- Stroke Specialists
- Physicians
- Mental health scientists
- Specialists
- Researchers
- Professors
- Industrial Experts
- Neurosurgeons
- Psychiatrist
- Lecturers
- Students from Academia
- Brain Disorders Therapists
- All other relevant professionals

### Why Choose Us

- Learn
- Discuss
- Network and Connect
- Spread the Impact
- Recognized
- New tips & tactics
- Have fun



# Mental Health 2024 Committee Members



**David Rowland**

Biography: David Rowland is the prolific author of 77 scientific publications – 40 articles in peer reviewed journals, 14 chapters in medical and scientific research books, plus 23 book editions of his own. David has made contributions to the fields of neuroscience, theoretical physics, cardiology, endocrinology, and evolutionary biology.

Biography: ALAIN L. FYMAT is a medical-physical scientist and an educator. He is the current President/ CEO and Institute Professor at the International Institute of Medicine & Science with a previous appointment as Executive Vice President/Chief Operating Officer and Professor at the Weil Institute of Critical Care Medicine, California, U.S.A. He was formerly Professor of Radiology, Radiological Sciences, Radiation Oncology, Critical Care Medicine, and Physics at several U.S. and European Universities. Earlier, he was Deputy Director (Western Region) of the U.S. Department of Veterans Affairs (Office of Research Oversight). At the Loma Linda Veterans Affairs Medical Center, he was Scientific Director of Radiology, Director of the Magnetic Resonance Imaging Center and, for a time, Acting Chair of Radiology.



**Alain L Fymat**



**Uqbah Iqbal**

Biography: Dr. Uqbah Iqbal is a Socioeconomic Researcher at Research for Social Advancement. Winning Second Place in Malaysian Historical Essay Writing Competition 2013, he was the recipient of Research University Fellowship Scheme, Graduate on Time Award and Outstanding Student Award from Faculty of Social Sciences and Humanities as well as the Youngest Ph.D. in History Holder and the only Malaysian achieved a Ph.D. in History in conjunction with the 43rd Convocation of Universiti Kebangsaan Malaysia. He's also actively in the editorial board such as Asian Social Science, International Journal of Art and Literature, International Journal of Archaeology and History, American Journal of Social Sciences, Asia Pacific Journal of Education, Arts and Sciences, Social Sciences, Humanities and Social Sciences, History Research and Pratikdhvani the Echo. Through his involvement as a reviewer with the Nonfiction Authors Association, 15 of his reviewed books received Awards.

Biography: Sam Vaknin is a former Visiting Professor of Psychology, Southern Federal University, Rostov-on-Don, Russia and Professor of Finance and Psychology in CIAPS (Centre for International Advanced and Professional Studies).

Sam Vaknin is the author of Malignant Self-love: Narcissism Revisited and other books about personality disorders.

His work is cited in hundreds of books and dozens of academic papers.

He spent the past 6 years developing Cold Therapy: a treatment modality for Narcissistic Personality Disorder (NPD). Over the years, with dozens of volunteers, he found that it was effective with clients suffering from a major depressive episode as well.



**Sam Vaknin**



**Alean Al-Krenawi**

Biography: Alean Al-Krenawi has a Ph.D. from the University of Toronto, a Master of Social Work from the Hebrew University of Jerusalem, and a B.A. from Ben-Gurion University of the Negev, Israel. He is a Professor in the Spitzer Department of Social Work at Ben-Gurion University. He has held faculty, senior administrative, and consultative appointments at Ben-Gurion University, Al-Ahliyya Amman University of Jordan, Achva Academic College (Israel), Memorial University of Newfoundland School of Social Work and Bournemouth University (UK). To date, he has published extensively, including several books, many book chapters, and numerous journal articles. As Principal Investigator, he has managed millions of dollars (US dollar equivalent) in funded research and community projects.

# Mental Health 2024

## Keynote Speakers



**Fabrice Duval**, Centre hospitalier de Rouffach, France

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Title: "Effect of repetitive transcranial magnetic stimulation on chronobiological hypothalamic pituitary-thyroid axis activity in major depression"



**Mumin Sadiku**, Klinika Euromed, Macedonia

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Title: "Will be updated soon"



**Alean Al-Krenawi**, Algoma University, Canada

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Title: "Somatization, Healthcare Utilization, and Cultural Considerations: A Study of Bedouin-Arab Women in Polygamous and Monogamous Families"



**Catriona Morrison**, University of Law, UK

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Title: "Social media trolling: its impact and consequences"



**Daniel Berckmans**, KU Leuven, Belgium

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Title: "Real-time wearable monitoring of the metabolic energy use for mental performances"



**Harald**, Philipps-University Marburg, United States

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Title: "Will be updated soon"

# Mental Health 2024

## Speakers



**Yulia Sozontova**, Yulia Sozontova, Spain

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Title: "Practical tools for recovery from burnout"



**Ilda Bukva**, University of Bergamo, Bosnia And Herzegovina

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Title: "Exploring the Interplay of Self and Trauma: Implications for Affect Regulation and Identity Formation"



**Alean Al-Krenawi**, Algoma University, Canada

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Title: "Somatization, Healthcare Utilization, and Cultural Considerations: A Study of Bedouin-Arab Women in Polygamous and Monogamous Families"



**Chelsea Cree**, CREE, Trinidad And Tobago

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Title: "Fostering Resilience in Traumatized Adolescents: A Personal Journey into the Science of Mental Fitness"



**Xinyi Qian**, Shanghai Mental Health Center, China

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Title: "Reduced peripheral nerve conduction velocity is associated with Alzheimer's disease: a cross-sectional study from China"



**Mileidys Williams Henry**, Fembloc, Spain

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Title: "Impacts of online gender-based violence on Mental Health"

# Mental Health 2024

## Speakers



**Benjamin Pelz**, CuraMed/ Grand Canyon University, Germany

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Title: "The science of accepting yourself- Applying Positive Psychology and Performance Psychology in a Clinical Setting"



**Paul Rochon**, Engineering Wellbeing, China

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Title: "Pandemic and evolution of Mental Wellbeing in China among Local and Foreigners"



**Jodie Gill**, University of South Wales, United Kingdom

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Title: "'A powerful label that defines someone"; A mixed-method systematic review of the perspectives of young people, carers and professionals on psychiatric diagnosis in childhood and adolescence"



**Ashley Hodge**, Nexus Mental Health, United States

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Title: "Exploring the Neurobiological and Behavioral Congruencies between Bulimia Nervosa and Addictions"



**Miriam Vetrano**, The Human Empowerment, Italy

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Title: "The Mind Challenge > Upgrade your systems for Living: A key factor for Human Empowerment"



**Ela Jaskolka**, Ife Gesundheits-GmbH, Germany

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Title: "Calm the inner critic and imposter in caring professionals"

# Mental Health 2024 Poster Presenters



**Claudia Ceden**, Albizu University, United States

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Title: "Exploring the Effects of Transcendental Mindfulness Meditation on Anxiety Symptoms in Young Females"



**Rabii Lamharzi Alaoui**, Al Akhawayn University, Morocco

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Title: "Enhancing Student Well-being: The Al Akhawayn University Student Mental Health App"



**Karin Udvarc**, Medical Centre Pušnik-Novljan, Slovenia

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Title: "Somatization, Healthcare Utilization, and Cultural Considerations: A Study of Bedouin-Arab Women in Polygamous and Monogamous Families"



**Slots are available**



## Sponsorship Opportunities:

- Reach your target market with exclusive packages
- Promote brand recognition through high visibility
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- Leverage these benefits to achieve returns on your marketing dollars
- Reach a High Qualified Target Audience with this Strategic Opportunity!

## Event Highlights:

- 25+ Interactive Sessions
- 5+ Workshops
- 30+ Hours of Networking Events
- 15+ Keynote Speakers
- Participants from Industry & Academia (50:50)
- 50+ Innovative Featured Speakers
- B2B Meetings
- World-class Exhibitions

## Calendar Marks:

- First Round of Abstract Submission Closes on January 22, 2023
- Second Round of Abstract Submission Closes on February 19, 2024
- Final Round of Abstract Submission Closes on March 20, 2024
- Early bird Registration Closes on January 29, 2023
- Mid-Term Registrations Closes on February 26, 2024
- On-Spot Registration: March 28, 2024



## Venue and Location:

Hotel NH Sants Barcelona  
Numancia, 74, 08029 Barcelona, Spain

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## Looking for additional information?

### Visit us online at:

- <https://scholarsconferences.com/pharmaceutics-drugdelivery-research/>

### For Abstract Submission Visit:

<https://mentalhealth.scholarsconferences.com/abstract-submission>

### Register Online at:

<https://earthscience-climatechange.scholarsconferences.com/registration>

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## Group Discounts:

Groups of three or more will receive a Special discount by using the group code. If you have any questions please contact us at [mentalhealth@scholarconferences.org](mailto:mentalhealth@scholarconferences.org) or WhatsApp: +447426060443

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## Meet Our Team

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## Sponsorship Enquiry

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